

pūkorokoro- Airways

Newsletter of the College of Respiratory Nurses (NZNO)



We need you!

The College of Respiratory Nurses Committee requires more enthusiastic nurses to join us on the committee. We currently have three vacancies. If you are seeking a rewarding new challenge in 2024 and beyond, we would love to hear from you. In 2024, as a College of Respiratory Nurses committee member, you would help plan the upcoming symposium, be involved in the review of the Respiratory knowledge and skill framework, and influence respiratory nursing at a national level. This is a great opportunity to bring your knowledge, skills and experience to a rewarding role.

We aim to have representation from each area across the country to ensure a unified voice.

If you are interested please get in touch with us on NZNOrespiratory@gmail.com

In this edition of Airways we look at some exciting changes that are coming ahead for this year, another update from the European Respiratory Society and changes occurring in the Respiratory space in 2024.

Earlier in the year the Thoracic Society of Australia and New Zealand released a revised position statement for the treatment of Idiopathic Pulmonary Fibrosis this can be found here [Treatment of idiopathic pulmonary fibrosis and progressive pulmonary fibrosis: A position statement from the Thoracic Society of Australia and New Zealand 2023 revision - Mackintosh - 2024 - Respiriology - Wiley Online Library](#)

Are you keen to be a part of the Knowledge and Skills Framework Update?

We will send a survey around in your inbox in the next coming weeks – please let us know your feedback on the Knowledge and Skills Framework.

If you are interested in being apart of the working group, please get in touch with us on

NZNOrespiratory@gmail.com

Are you keen to be a part of the Symposium Planning Group?

We would welcome your ideas on how to create a symposium that you would want to attend!

If you are interested in being apart of the working group or any feedback/ideas, please get in touch with us on

NZNOrespiratory@gmail.com

Kia ora koutou

Malo e lelei

Talofa Lava

Ni sa bula Vinaka

Fakaalofa lahi atu

Malo ni

**WELCOME TO MARCH
2024**

**AIRWAYS
NEWSLETTER**

Welcome to the first Airways of 2024. We hope you've had a good summer break as we welcome autumn. The College of Respiratory Nurses are excited for the year ahead.

Our College is small but growing! Encourage your nursing colleagues, student nurses and enrolled nurses to join!



Respiratory Symposium

The NZNO College of Respiratory Nurses invites you to join us for our 2024 Symposium. The theme is We are what we breathe - how environment impacts lung Health with an exciting range of expert speakers providing insight into the many environmental factors that can impact on lung health.

When - Friday 30th August 2024

Where - Jet Park Hotel Auckland Airport

Registrations open Monday 8th April 2024 go to (insert link to College events page) for more information or to register

Conferences & Events

Asthma & COPD Fundamentals Course – Asthma & Respiratory Foundation online course.

<https://www.asthmafoundation.org.nz/health-professionals/copd-asthma-fundamentals>

TSANZ / ANZSRS ASM Gold Coast – 23-26 March 2024 <https://www.nzrespiratoryasm.co.nz>

New Zealand Respiratory Conference – 16-17 November 2023 Te Papa, Wellington [New Zealand Respiratory Conference](#) | [Asthma Foundation NZ](#)

Sleep DownUnder Gold Coast 2024 17-19 October 2024 [Sleep DownUnder 2022](#) | [Sleep DownUnder 2022](#)

Sleep in Aotearoa Dunedin 2024 20-21 June 2024

Note: Respiratory Education Fund can be accessed by College of Respiratory Nurses members. See this [Link](#) for further details.

Useful Resources

National Asthma Council Australia [How-to Videos](#): Using your inhaler

Good Fellow [Webinars](#)

Lung Foundation Australia Patient Inhaler [Resources](#)

On the Horizon – Keep an Eye Out!

Pharmac has released a proposal to fund a triple medicine inhaler (ICS/LAMA/LABA) for patients with moderate to severe COPD from 1st May, 2024. Having the option of this novel funded triple combination treatment (fluticasone furoate with umeclidinium and vilanterol [Trelegy Ellipta]) would mean that patients only need to use one inhaler to achieve ICS/LABA/LAMA combination treatment (instead of two or three), which may improve treatment adherence.

What are your thoughts? Let us know via email to

respiratory@nzno.org.nz

Preparing Ourselves for the Winter Season

COVID-19 Booster

The new COVID-19 vaccine, Comirnaty Omicron XBB.1.5, recently approved by Medsafe for people aged 12 years and older (as reported in Bulletin 91) will be available for use from 7th March, 2024. There are currently no changes to COVID-19 vaccine eligibility criteria.

Influenza 2024

The 2024 flu vaccine will be available to eligible people (for all people 5 years and over, people with long-term conditions (like asthma and diabetes), those who are pregnant, and people with specific mental health conditions). These will be available from 2nd April 2024

Report on ERS International Congress Milan, Italy 9-13 September 2023 Teresa Chalecki

Nursing role in Global Respiratory Health

This session included 10 short presentations based on nursing research/studies from various countries. While many of the findings/recommendations were not entirely new some were an extension on current knowledge.

1. Having a standardised language (SL) for respiratory nursing care is desirable, technical and advanced nursing language, SL are not used by nurses in Spain at the moment
2. Preferences for asthma decision making – focus groups with low income and racial, Black American have higher rates and die at three times the rates.
3. Use of non-invasive ventilation in palliative care and end of life care in patients with advanced COPD – Cochrane review
4. Extend and Characterisation of under diagnosis and misclassification of COPD in Sweden.
5. Assessing impact of dedicated Advanced Nurse Practitioners in the provision of ILD services – 25% increase in number of cases at multi disciplinary team meetings, improved management and outcomes.
6. Modifiable factors of uncontrolled asthma – crucial role of the asthma nurse. Asthma nurses have skills and ability to improve asthma management.
7. The under diagnosis and treatment of symptoms of anxiety in COPD is common and can adversely affect patient outcomes. Anxiety and depression have a significant impact on physical functioning, breathlessness, quality of life, exacerbation rates, use of health care resources, length of hospital stay, readmission rates and mortality. Addressing mental health was most effective strategy to improving self-management in COPD.
8. Effectiveness of Pulmonary Rehabilitation programme – preliminary results from Rehab 2 Life study.
9. Existing Respiratory Nursing Curriculum – International Coalition for Respiratory Nursing (ICRN). The ICRN was formed for the development of a harmonised syllabus and curriculum for respiratory nurses with the aim of empowering the nurses delivering respiratory care towards an active role in the health systems across the globe. Identified there were a lack of co-ordinated educational programmes specifically for respiratory care and nurses. ICRN highly recommends that future steps need to be invested in the education of respiratory specialist nurses, which can play an important role in supporting prevention and improvements in care in patients with asthma and COPD. This presentation included information on GARD as below.

The Global Alliance against Chronic Respiratory Disease (GARD), was launched in 2006, is a global network of stakeholders with a vision of “a world where all people breathe freely”.

- Asthma and COPD are a growing and evolving global health emergency affecting people from all countries, socioeconomic statuses and age groups
- Approximately half a billion people live with asthma and COPD and together these two conditions cause almost 4 million deaths every year.
- More than 1 million of these deaths occur “prematurely” in people aged under 70 years. 90% of these premature deaths occur in low and middle-income countries.

Te Reo Māori Korero

Learn common respiratory words in Te Reo Māori to incorporate into your mahi

Te reo Māori

Matua keke

English

Uncle



LungFlareCare

LungFlare Care was brought to my attention at the TSANZ Conference held in Christchurch in March 2023.

Lung Flare Care was an initiative of the [ResPTlab](#) team, led by Associate Professor Christian Osadnik, Alethea Kavanagh and Ruben Hopmans from Monash University, Department of Physiotherapy.

The website is an educational and self-management resource for patients with COPD. They are in the process of rolling this out for those with Asthma and Bronchiectasis.

Visit their website [here](#)



You can find us on FACEBOOK!

Search for us **NZNO College of Respiratory Nurses**

Better connect with Respiratory nurses across the motu, share resources and keep up to date.

Mindful Colouring

We thank you nurses for your service.

Feedback

We would love to hear your feedback on topics you would like to see or articles you may have in *pūkorokoro*-Airways. Please email respiratory@nzno.org.nz

